

January 2022



For period January 2022
Mailing Date: 12/30/2021

Featured in this issue:

- ◆ *Online & Mobile Directory*
- ◆ *Wellness at HBPres*

January always seems to catch me off guard. And with good reason – the month of December is so filled with activity and planning, all culminating in Christmas Eve and Day celebrations. It is no wonder that there is often a bit of surprising at turning the calendar. And if you are like me, you turn it and think, “Ugh...January.”

In comparison to the twinkling lights of Christmas, January can feel bleak and weary. Where once special activities and gatherings seemed around every corner, in January it can feel like we have to look for an excuse at merriment and excitement. Like the fun is over and it is time to pack it all away.

For people of faith, though, our journey is only just beginning. I love a poem of Howard Thurman, called “The Work of Christmas.” It says:

When the song of the angels is stilled, When the star in the sky is gone, When the kings and princes are home, When the shepherds are back with their flock, The work of Christmas begins: To find the lost, To heal the broken, To feed the hungry, To release the prisoner, To rebuild the nations, To bring peace among others, To make music in the heart.

Christmas is only a beginning, Thurman reminds us.

This month, we will begin our journey through texts that equip us for discipleship: stories from Jesus’ life that help us know what it means to be a true follower. This month holds the celebration of Epiphany, which we will observe on January 9th with Star Words. The following week, we will explore Jesus’ baptism according to Luke’s gospel. After that, we will get story after story that can function like a kind of orientation for us – and orientation equipping us to be followers of Christ in this hurting world.

On our final Sunday of the month, we will hear Jesus’ words, “The Spirit of the Lord is upon me, because he has anointed me to bring good news to the poor...to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free.” As followers of Christ, we are called into this very same mission. May we begin our year with a faithful determination to follow Christ in word and in deed, in faith and in action.

Christine

January 2022



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 
2 10:30am-Worship+ 11:30am-Blood Pressure Checks (Living Rm.)	3 HBPres CLOSED	4 9:45am-Staff Meeting 2:00pm-Finance Meeting (Session) 7:00pm-Session Meeting	5 10:00am-5,000 Steps+ (Eline) 6:15pm-Nominating Committee Meeting (Session)	6 9:00am- HBQuilters (209) 1:00pm-Midday Prayers*	7	8 10:00am-5,000 Steps+ (Eline) 10:00am-Mid-KY Coordinating Team Meeting (Session)
9 9:00am-Breakfast (Eline) 9:15am Choir Rehearsal 9:30am-Sunday School for All Ages+ 10:30am-Worship+ 11:30am-Blood Pressure Checks (Living Rm.) 11:30am- HB Tweens Lunch & Games	10 9:00am-Harvey's Helpers 11:00am-Tai Chi (Loft)	11 9:45am-Staff Meeting 10:30am-Circle A & Ruth Bible Study (Eline)+ 11:00am-Circle Ruth (209)+ 6:30pm-Circle Hope (209)+ and Circle Miriam (Session)+	12 10:00am-5,000 Steps+ (Eline) 5:15pm-Wednesday Nights at HBPres	13 1:00pm-Midday Prayers* 1:30pm-Mid-KY Spring Gathering Planning Team Meeting (209)	14 5:30pm- HB Youth leave HBPres for PYOCA Retreat	15 10:00am-5,000 Steps+ (Eline)
16 9:00am-Breakfast (Eline) 9:15am Choir Rehearsal 9:30am-Sunday School for All Ages+ 10:30am-Worship+ 11:30am-Blood Pressure Checks (Living Rm.)	17 HBPres CLOSED	18 9:45am-Staff Meeting 11:00am-Property Committee Meeting (Session) 6:30pm-Christian Ed Meeting 7:00pm-Congregational Life (Eline) and Worship & Music* Meetings	19 10:00am-5,000 Steps+ (Eline) 5:15pm-Wednesday Nights at HBPres 6:30pm-Bookanalia	20 9:00am- HBQuilters (209) 1:00pm-Midday Prayers*	21	22 10:00am-5,000 Steps+ (Eline)
23 9:00am-Breakfast (Eline) 9:15am Choir Rehearsal 9:30am-Sunday School for All Ages+ 10:30am-Worship+ 11:30am-Blood Pressure Checks (Living Rm.) 11:30am- HB Tweens Bible Study	24 9:00am-Harvey's Helpers 11:00am-Tai Chi (Loft)	25 9:45am-Staff Meeting 11:30am-Booktalk	26 10:00am-5,000 Steps+ (Eline) 5:15pm-Wednesday Nights at HBPres 1:00pm-Hope Circle Gathering* 4:00pm-PW Coordinating Team Meeting+	27 1:00pm-Midday Prayers* 7:00pm-Welcome Committee Meeting*	28	29 10:00am-5,000 Steps+ (Eline)
30 9:00am-Breakfast (Eline) 9:15am Choir Rehearsal 9:30am-Sunday School for All Ages+ 10:30am-Worship+ 11:30am-Blood Pressure Checks (Living Rm.) 5:30pm- HB Youth Dinner	31 9:00am-Harvey's Helpers 11:00am-Tai Chi (Loft)		<p>* = meeting led via Zoom.</p> <p>+ = meeting in person and via Zoom/online</p> <p>Links to most meetings are available in our weekly Highlights or you can contact the church office to join. All meetings on-site at HBPres require a mask.</p>			

January Ushers

If you switch dates with someone, please contact the church office and let them know.

Jan 2	Jan 9	Jan 16	Jan 23	Jan 30
Claudette Taylor	Sara Sutphin	Lynn Overstreet	Anne Hughes	Jim Rissler
Tom Taylor	Michael Schmied	Jeanne Luhr	Mike Hunter	Allan Pollock
Leslie Koenig	Sheryl Schmied	Diane Osborne	Sarah Jane Hunter	Nancy Pollock
Mary Esch	Dee Pregliasco	Tom Osborne*	Donna Jones	Brian Pollock

January Lay Readers

Jan 2	Jim Lewis
Jan 9	Scott Doelling
Jan 16	Brad Zuber
Jan 23	Cynthia Hilyerd
Jan 30	Tom Frentz



January Harvey Browne Birthdays!

Be sure to join us in wishing them a Happy Birthday!

Lois Allen	Lynn Cole	Ruth Green	Everett Lewis	Matthew Sedgwick
Richard Ballard	Kathy Doelling	Keegan Henderson	Jim Lewis	Jay Shearrow
Curt Barrett	Anne Driskill	Garrett Hoert	Marcia Lewis	Clay Simpson
Jim Boswell	Myra Earley	Jamie Holt	Bruce Lindsey	Sara Sutphin
Betsy Brill	Hudson Frentz	Jim Hughes	Lois Louderback	John Trinkle
Alex Bumpas	Jim Frentz	Jean Hughes	Suzie McElroy	Christopher Ward
Frances Bumpas	William Frentz	Tom Hughes	Tom Osborne	Chris Welch
Sherri Cargal	Elisabeth Gilfert	Anna Jones	Bill Percival	Matthew Whitehouse
Tim Cargal	Justin Gilfert	Alice Judy	Aaron Price	Donna Whitlock
Adam Casson	Karen Gordon	William Judy	Nancy Rissler	William Widmayer
Carol Christell	Ray Grant	Cherry Kelly	Julie Rousseau	Margaret Wilson
Lance Christell	Sarah Grant	Marla Kay Kosnik	Linda Schoolcraft	Ellen Zuber
				Owen Zuber 3

Harvey Browne Prayer List

Mary Alice Grover, Shirley Gurley, Scott Blake, Family of Suzanne Crawford, William Baker (Brother of Tim Baker), Judy Askins on the death of her sister Norma June Conn, Cynthia Weller, Kathryn Zuber (Mother of Brad Zuber), Carol Christell, Myra Earley, Allan & Virginia Mears (Parents of Cynthia Hilyerd), Marybelle Duff, Barbara Noland, Bob Downs (Son of Doris Downs), Carolyn Diener, Marietta Watson (Sister of Jim Boswell), Brian Payne (Son of Billy Davis,III), Larry Brantley (Son of Linda Brantley), Diana (Daughter of Skip & Edith Light)

Mission Co-workers:

Tyler, Rochelle & Mphatso Holm, Jeff & Christie Boyd,
Rev. Dr. Dustin & Sherry Ellington, Dr. Larry and Inge Sthreshley

Presbyterian Chaplains:

Fred Ehrman, Marie Ellis, Jessica Gibo, Jennifer Gingerich, Amy Helwig, Jenny Edlin, Robin Hogle, Jim Martin, Caroline Wood



If you or someone you know needs to be added to or removed from the prayer list, let us know by noon on Wednesdays. Also, if you are ever in the hospital, please call the church office and let us know. The hospitals no longer inform churches that a member is in the hospital.

Deacon's Corner

As we look forward to a new year, The Board of Deacons want to thank all Deacons for their dedication this past year. It has been another trying year. You are much appreciated.

The Board met December 8th with our new associate pastor Walt McCanless, who is now the Deacons staff liaison, to welcome him and get acquainted. Walt is going to be a valuable asset to the Deacons. Hopefully we can all meet together this spring so you can meet him.

The Board is still working on replacement Deacons for those rotating off in May, 2022.

Please pray for your flock daily and continue to contact them at least 4 times per year.

The Board of Deacons

Lynn Overstreet



Deacon Ministry

“ Encouragement is like water to the soul, it makes everything grow “ Chris Burkmeen

Harvey Browne Parents' Day Out

The PDO will begin registration for the 2022-2023 school year for members of Harvey Browne Presbyterian Church on January 4th. Church members are guaranteed a place in the school during the priority registration period. The priority registration period ends January 27th. If you would like to receive a registration form please contact Julie Rousseau in the PDO office at 896-1791 ext.119 or by email at jrousseau@hbpres.net. Also please contact us if you would like to schedule a tour.

Harvey Browne Preschool

Happy New Year from Harvey Browne Preschool!

We are so excited to catch snowflakes on our tongue, play outside in the chilly air, explore a new season together, and see our friends after a wonderful Christmas break. May your new year be filled with peace, hope, good health, and love.

Thank you for your continued support of the preschool,

Harvey Browne Preschool Board



HB*Tweens*

January 9, 11:30 AM - 1:30 PM

The Tweens will meet for lunch, games, and a lesson on Epiphany and the Star.

January 23, 11:30 AM - 1:30 PM

The Tweens will meet for a Bible lesson, lunch, and games.



EPIPHANY

HB*Youth*

January 9

Deadline to sign up for Montreat, Middle School Conference and Triennium.



January 14-16

PYOCA Winter Retreat, cost is \$50.

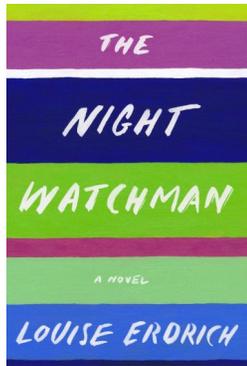
The theme is Epiphany – stars and light



January 30, 5:30-7:30 PM

Youth will have dinner and meet to plan worship for Souper Bowl of Caring.





Booktalk

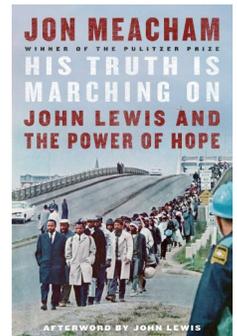
Booktalk for **Tuesday, January 25 at 11:30 AM** via Zoom will be *The Night Watchman* by Louise Erdrich.



Looking for a great deal? Mention Booktalk or Bookanalia when purchasing one of our highlighted books at Carmichael's and receive a 20% discount!

Bookanalia

Bookanalia for **Wednesday, January 19 at 6:30 PM** we'll present *His Truth is Marching On: John Lewis and the Power of Hope* by Jon Meacham in person and via Zoom. Named as one of the best books of the year by the Washington Post and Cosmopolitan, this intimate portrait of John Lewis links his life with the quest for justice in America. This grandson of a slave, and son of an Alabama tenant farmer, who at age 25 was badly beaten while in a Civil rights march, dedicated his life for what Abraham Lincoln called "the better angels of our nature."



Join us whether you read the books or not. All are welcome!

HBPres Grocery Cart

The Grocery Cart for January is for Dare to Care Food Pantry.

Dare to Care partners with local social service agencies, such as food pantries, shelters, and emergency kitchens to distribute food to our community.

Their biggest needs are:

Peanut Butter, Soup, Canned Fruit, Dry Beans, Rice, Tuna, Cereal, Fruit Juice, Pasta, and Canned Vegetables.

Of course other donations will be accepted and appreciated. We want to thank you in advance for helping this mission.

For questions or concerns, please contact Pam or Mark Wood

prmw@juno.com

mew40222@gmail.com

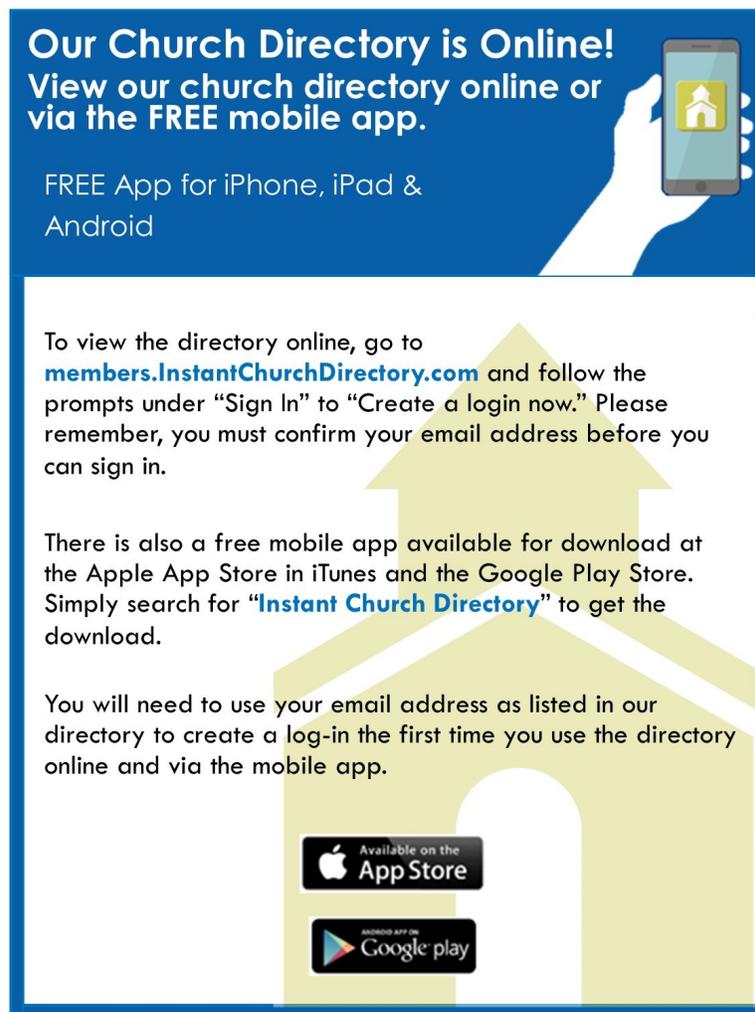


HBPres Online & Mobile App Directory

Our church directory is available to view online or on your mobile device! Instant Church Directory - the program we use to build our church directory - has a free app for church members to download on their Apple and Android devices. See how to sign-up below.

You will be asked to enter your email address as it's listed in our directory. If your email address isn't listed in the directory, let Chrissy Barroso (chrissybarroso@hbpres.net) know so it can be added. Once you enter your email address follow the directions on screen to complete the login process. After you login, the directory will be downloaded to your device. Anytime updates are made, they will update on your device too. In the app you will be able to search for families and members and call, email, and text right from the app.

Don't have a photo in the directory or don't like the one that's there? You can submit your own photo as well as change your contact information or you can have your photo taken here at Harvey Browne. Every Sunday this month after Worship, Ben Blake will set up in the Foyer to take photos of members to use in the directory.



Our Church Directory is Online!
View our church directory online or via the **FREE** mobile app.

FREE App for iPhone, iPad & Android

To view the directory online, go to members.InstantChurchDirectory.com and follow the prompts under "Sign In" to "Create a login now." Please remember, you must confirm your email address before you can sign in.

There is also a free mobile app available for download at the Apple App Store in iTunes and the Google Play Store. Simply search for "**Instant Church Directory**" to get the download.

You will need to use your email address as listed in our directory to create a log-in the first time you use the directory online and via the mobile app.

Available on the App Store

ANDROID APP ON Google play

HB*Quilters*

In 2021 the HB quilters kept up their work despite the pandemic, working individually from home until activities were restarted in the church. We have 14 lap quilts done which will be given to Hosparus this month. Before they are turned over they will be on display in the foyer for the first two weeks in January.

Hosparus gives the quilts to their patients and has specific guidelines for their size. They request that we provide some designs that are appropriate for veterans, as well as a variety of patterns and colors for men, women, and children.

Room 209 is our headquarters. It has a sewing machine and two double closets loaded with fabric donations. These miscellaneous leftover pieces of cloth spark our creativity in making “scrappy” designs with them. We purchase quilt backing and batting for our projects, usually with money from the Minister’s Benevolence Fund.

We lost our dear friend and quilting colleague Joyce Munson in 2021, and her final quilt is in our current stack of donations.

All are welcome to join us – we meet in room 209 on the first, third, and fifth Thursday of each month at 9 AM. No quilting experience is necessary.



Health & Wellness at HBPres

Begin 2022 healthy and happy here at Harvey Browne!

- Do you have trouble getting in 10,000 steps every day?
- Do you skip the walk in your neighborhood because of bad weather?
- Are you spending too many hours watching the Hallmark Channel?
- Do your new year's resolutions include more exercise?

The Wellness Committee has news! Two ongoing programs may be just right for you!

5000 Steps - A music & movement program for adults, every **Wednesday and Saturday at 10:00 AM in Eline Hall**

With upbeat music and simple dance steps, you won't think of this as exercise, but a fun way to get in 5000 steps in just one hour – half-way to a daily fitness goal! Classic rock and roll, disco, Motown, country-western, and current pop music, individually choreographed. Work at your own level, and no dance experience is necessary.

Contact Maggie Chilton at mcwarbler@yahoo.com or 502-475-1786 or just show up!



Tai Chi for Health and Fall Prevention

New participants are welcomed to join HB Tai Chi class on **Mondays at 11:00 AM**. This class is open to Harvey Browne members and the community at large. Bring a friend.

Tai Chi is practiced throughout the world for its many health benefits. It strengthens and mobilizes joints and muscles, improving physical fitness and mental relaxation. It is especially suitable as a therapy for arthritis because its movements are slow and gentle, and the level of exertion can be adjusted to suit each person's physical condition.

In Tai Chi, we move forward and backwards, side to side, moving arms out, reaching and bending. All of this increases your ability to stay upright. Movements are slow and continuous and suitable for all ages. Attire is comfortable clothes and supportive shoes.

Tai Chi for Health and Fall Prevention classes are available on Monday mornings at 11 AM in the Loft. Nancy Pollock is a certified Tai Chi for Health instructor. Contact her at nancy-pollock@live.com or 502-554-0661 with any questions.

Our Shawnee Connection – Beloved Community

Our last meeting was held at Shawnee Presbyterian on November 13. We evaluated the July 24th movie/discussion event and concluded it was very successful. As planned, we watched and discussed in person with members, family and friends of both churches, a movie revealing the injustice of our prison system. We were grateful for Alonzo Johnson's skilled leadership, Roger Trice's technical help and Shawnee's hospitality including a delicious breakfast.

Bill Hardy and Dianne White gave an update of the nonprofit organization, The Hope Buss, that Shawnee is allowing to use their church. On October 23, Hope Buss volunteers and Shawnee members cleaned out several rooms that the Hope Buss will use as administrative offices. Preparations are being made for new flooring in the kitchen and pantry areas that now have asbestos floors. Dare to Care will be using some of that space for a food distribution center and meal preparation. Harvey Browne, as the host church for the last Presbytery meeting, designated the offering to the Hope Buss/Shawnee Project. In February, a representative from the Hope Buss, will speak at Harvey Browne for a Moment for Mission.

We want to support a Presbytery-wide Lenten Movie Series to be held at each of the four African American Churches in the Presbytery: Shawnee, Peace, Grace Hope and Westwood. During the month of March, a movie/discussion event will be held each Saturday at one of the churches. Each church's presentation will focus on its unique history and mission in Louisville. More information will be coming.



The Cabbage Patch

Thank you Harvey Browne for your generosity which helped provide a festive spirit during the holidays for the families we supported. Christmas was blessed!



A Letter from Inge Sthresley, Mission Co-worker PC(USA)

There are many challenges with the nutrition work I do in the Democratic Republic of Congo (DRC).”

Larry (husband) and I work within the framework of the national health system and assist numerous Protestant, Catholic and government health centers through the organization ASSR, translated “Support to the DRC Health System.” ASSR provides intensive systematic screening to children, from infancy through age five, as well as pregnant and nursing women. ASSR currently serves forty communities.

I would like to share the story of Anastasie. Her acute malnutrition came to the attention of a community volunteer and Anastasie was referred to the health center for screening. She tested positive for malaria; she had not been sleeping under mosquito netting. Anastasie was treated for malaria and received deworming medicine. Her mother, Mama Ndolo, is the wife of a day laborer and mother of eight. Her family became destabilized when she underwent surgery. During this period, Anastasie became ill and her parents feared she would die. Her fever and dehydration from malaria contributed to her severe malnutrition.

The Health Center’s visiting nurse taught the family health and nutrition guidelines. He also showed Mama Ndolo how to make a porridge from local ingredients, enriching the porridge with cornmeal, oil and peanut and caterpillar powders for protein. Mama Ndolo began sharing what she had learned with her neighbors. Within 2 months, Anastasie’s weight had doubled and her malaria was gone. Many stories as this, bring stability to the communities that are being served and joy to those supporting PC(USA) World Mission.

(Condensed and paraphrased from “Mission Connections” Fall 2021.)

To learn more about PCUSA’s other Mission Co-workers, please visit:
www.presbyterianmission.org/ministries/mission-connections



Session Members

Anne Hughes - Clerk
 Dan Askins
 Ben Blake
 Jim Boswell
 Darrell Darby
 April Davenport
 Becky Evans
 Cason Henderson
 Mike Hunter
 Laura Krausen
 Marcia Lewis
 Claudette Taylor
 Sarah Zuber

Pastor & Staff Contact Information

Rev. Christine Coy Fohr, <i>Pastor</i>	Ext. 105, christine@hbpres.net
Rev. Katherine Kupar, <i>Parish Associate</i>	katherine@hbpres.net
Rev. Walt McCanless, <i>Parish Associate</i>	walt@hbpres.net
Larry D. Brandenburg, <i>Minister of Music</i>	Ext. 110, ldblouisville@yahoo.com
Timothy L. Baker, <i>Organist/Assistant Director of Music</i>	kewlpipes2@gmail.com
Terry Hargrave, <i>Dir. of Children & Youth Ministry</i>	Ext. 117, terryhargrave@hbpres.net
Beth Brandenburg, <i>Director Children's Choir</i>	bethbrandenburg12@yahoo.com
Carl Enoch, <i>Sign Language Interpreter</i>	
Amy Squires, <i>Director of Preschool</i>	(895-2577) harveybrownepreschool@gmail.com
Julie Rousseau, <i>Director of Nursery & Parents' Day Out</i>	Ext. 119, jrousseau@hbpres.net
Cheryl Granger, <i>Church Administrator</i>	Ext. 104, cherylgranger@hbpres.net
Chrissy Barroso, <i>Administrative Assistant</i>	Ext. 100, chrissybarroso@hbpres.net
Tim Miller, <i>Building Manager</i>	Ext. 112, tmillerhb@hbpres.net
Nathaniel Potts, <i>Maintenance</i>	nathanhbpres@gmail.com

Church Office Phone: (502) 896-1791 | Harvey Browne Weekday Preschool: (502) 895-2577
 After-hours pastoral emergency number: (502) 208-8472 | Visit us online at: www.hbpres.net

Deadline for submissions to the February Newsletter is Monday, January 17, 2021

 Facebook www.facebook.com/hbpres
 YouTube Channel HBPres
 HBPres website www.HBPres.net

ADDRESS SERVICE REQUESTED

Harvey Browne Memorial
 Presbyterian Church
 311 Browns Lane
 Louisville, KY 40207-3983

TO OPEN: 
 Grab and pull at top corners.

Nonprofit Org.
 U.S. Postage **PAID**
 Louisville, KY
 Permit No. 1174

