

Featured in this issue:

- ◆ *News from the Holm family in Malawi*
- ◆ *Two Lenten studies*

That Certain Hope

Recently I headed off for Richmond, Virginia to study Reformed Theology for a week. The group of seven that I was with was originally formed by our own Bill Williamson. Our topic was “Christian Hope.”

John Leith, a famous theologian who taught at Union Seminary in Richmond, once wrote, “God summons the Church of Jesus Christ today to speak plainly about hope. Jesus Christ is our hope. In all humility and boldness we are bound to tell the good news of hope given to us in Him.” Leith went on to say, “We wait expectantly, yet patiently, because we know (this hope) can never disappoint us.”

It seems to me we find ourselves living in a world that is defined much more by hopelessness and despair than by hope. What we see all around us is the exact opposite of people waiting expectantly and patiently because they have faith and trust in this God of hope. Our hope is often linked more to the weather or the stock market than to the scriptures. If this is true for us, this very long and cold winter may have many of us feeling a sense of despair.

**“...we do not need
something in our life, but
someone.”**

The same day I left for Richmond, my wife left for Chicago for an extended stay with our new grandson, Austin. Since I was not home, she also had to take our dog, Teddy. The situation had all the makings of a country song: “My wife left me and took my dog, and boy do I miss my dog!” The truth, of course, is I miss them both, but I miss my wife the most. Her absence is a constant reminder of how much I want and need her in my life.

Perhaps we all ought to be more aware that our anxiety and despair, when we experience it, is linked to our need for God in our life. Such awareness, I hope, will enable us to see that we do not need something in our life but, rather, someone. That someone is the One who made us, loves us and is our true hope.

By the way, I will be going to Chicago in a few weeks to retrieve the dog. As fine a dog as Teddy is, he will be unable to fill the hole left in my life. Not to mention the fact that he is a lousy cook. The truth is that despair creeps into my life, as it occasionally does even when my wife is not visiting the grandchildren. But the good news is I know the One who has provided for my greatest need, and I wait expectedly and patiently for that hope that is the very foundation of our lives.

My prayer is that March brings into all of our lives that certain hope that is ours in Jesus Christ, our Lord.

John



Sunday Worship

Chapel 8:30 a.m.
Chapel 10:00 a.m.
Sanctuary 11:00 a.m.

March 2

Exodus 24:12-18
Matthew 17:1-9
"The Wake Up Call"

March 9

Genesis 2:15-17, 3:1-7
Matthew 4:1-11
"Facial Recognition"

March 16

John 3:1-17
"Born Again Christians"
Rev. Adam Fischer

March 23

Exodus 17:1-7
John 4:5-42
"Living Water"

March 30

Ephesians 5:8-14
John 9:1-41
"The Sighted Blind?"

Ushers—8:30 a.m.

March 2 & 9

Eric & Susan Lehmann
Doug Mann
Bob Smith

March 16 & 23

Martha & Jerry Scott
Dick & Sharon Blayney

March 30

Peggy & Bill Campbell
Adrian & Lynn Cole

Ushers—11:00 a.m

March 2 & 9

Fred Bennett *Head Usher* (3/2)
Sara Sutphin *Head Usher*(3/9)
Will & Cynthia Hilyerd
Billie Valla
Pris & Bill Becker
Andy & Nicole Will
Sara Sutphin (3/2)
Jeanne Luhr (3/9)

March 16 & 23

Kelly Burke *Head Usher*
Margaret Wilson
Alex & Sarah Bumpas
Linda Brantley
Allison Allison
Leslie & Steve Whitehouse
Beth Kolodey
Mike Sutphin (3/16)
Sara Sutphin (3/23)

March 30

Don Chasteen *Head Usher*
Gail Hudson
Larissa Cargal
Penny Stewart
Doug & Carolyn Holm
Marcia Lewis
Mike Schmied
Bruce & Margaret Lindsey

Coffee Cove

March 2

Marina Gutierrez

March 9

Missy Turner

March 16

Edie Sutton

March 23

Sue & Katie Hodapp

March 30

Emily Brown

Greeters

March 2

George & Peggy Bales

March 9

Don & Mary Alice Grover

March 16

Beth Kolodey, Chris Addington

March 23

Linda Brantley

March 30

Pris & Bill Becker

Lay Readers

March 2

8:30 a.m. Doug Mann
11:00 a.m. Cynthia Weller

March 9

8:30 a.m. Adrian Cole
11:00 a.m. Doug Early

March 16

8:30 a.m. Pam Glaze
11:00 a.m. April Davenport

March 23

8:30 a.m. Rebecca Braden
11:00 a.m. Mike Schmeid

March 31

8:30 a.m. Lynn Cole
11:00 a.m. Judy Lanning



Blessings from Malawi

We have some exciting news to share. We have now been placed as foster parents for a little two-month old girl. Actually this has been long

on our hearts; we were registered foster parents in Washington State before we left America and have talked with the Department of Social Welfare here in Malawi over the last several months. Currently we are still learning more as the days unfold, but we are very excited to provide a loving home for this child of God who needs one right now. We are praying in about six months we will be able to adopt her.

Praises:

- ◆ For the blessing of Baby M joining our family.
- ◆ For Rochelle's productive and smooth trip to South Africa at the end of January to discuss innovative research addressing the challenges of emptying pit latrines in high density urban areas.
- ◆ For the attention and concentration of the students at the University of Livingstonia College of Theology, who have had a great start of our second term.
- ◆ For the many financial supporters whose generosity has enabled us to make great progress in raising needed funds for 2014.

Prayer requests:

- ◆ For us as new parents, for Baby M as she undergoes health tests, for her police and social welfare investigation, and for His hand in this plan. We love her more everyday she is in our family!
- ◆ For the faculty of the University of Livingstonia, College of Theology.
- ◆ For our 2014 financial need to support our appointment under Presbyterian World Mission.
- ◆ For the country of Malawi, its government, its leaders, its students, and its future.



Check out our blog on weekly work and life in Mzuzu at

<http://www.holminafrika.blogspot.com/> .

You can subscribe to e-mail updates of the blog by entering your email into the box "Follow by Email" and then confirming your e-mail.

Grace and Peace,
Tyler & Rochelle Holm

Note: Last month's special offering at HBPres raised more than \$600 to support the Holms' work in Malawi.

Caring for our Church Family

How to Improve Your Balance and Prevent Falls

The majority of falls are due to losing our balance, especially as we age. There are exercises and methods to improve balance regardless of your age. Getting help now may allow for longer independent living.

This program, Wednesday, March 26 at 6:30 p.m. in Eline Hall, will be led by Troy Grubb, a physical therapist with KORT.

True Newlon, 425-5514

Stephen Ministers –

A Source of Help in Time of Need

Do you feel you would like to help someone going through a difficult experience? Being trained as a Stephen Minister may be the way you can serve. Below are comments from current Stephen Ministers who were asked, "What aspects of the Stephen Ministry have been most helpful to you?"

Brenda Price said, "I think the books assigned helped me to really understand what a Stephen Minister is and is not. The discussions with the rest of the members helped me to see different perspectives. Role playing gave us examples of things we might encounter and what we could possibly say or do. One book that had a big impression on me was, *Speaking the Truth in Love*. I recommend this to everyone, not just Stephen Ministers."

Another Stephen Minister commented, "I have learned and am still learning to be a sounding board for another person instead of interjecting my thoughts and opinions. This is still a work in progress!"

Dick Blayney said, "Excellent training. Ministering to another person is very fulfilling in serving God."

A retired teacher said, "The training was very educational. It increases your awareness of human interactions."

Betsy Barrick said Stephen Ministry has helped her realize how powerful the mere presence of one person in another's life can be...the knowledge that there is someone who cares and will listen is such a comfort to those who need it.

Carol Anderson, a retired educator, said it provides "the opportunity to support without teaching."

A Stephen Ministers training session is scheduled in the near future. For more information contact Scott Blake, Miriam Elliot, or Kim Cabrera (896-1791).

Remembering:

Jack C. Crutcher, who died
January 30, 2014

Dorothy W. "Dottie"
Garrett, who died February
11, 2014

Ruth F. Plock, who died
February 21, 2014

Prayer Requests

Toni Roberts, Holly Popeck,
Nancy Bottger, Jack White,
Ann Kirk, Audrey McGrath,
the Holm Family, The Plock
family, Becky Van Buren
(Bill & Priscilla Becker's
daughter), Ray Telschow
(Glenna Henkenmeier's
brother-in-law).

Mission Co-Workers:
Rochelle & Tyler Holm,
Gwenda & John Fletcher,
Jeff & Christie Boyd.



Caring for our Neighbors

Grocery Cart

The Rescue & Restore mission of Catholic Charities of Kentucky will be the recipient of grocery cart items for March. This agency works to “rescue and restore” victims of human trafficking.

Items most needed are:

- women’s toiletries
- feminine hygiene products
- tissue packets (small)
- hand sanitizer
- baby diapers
- baby shampoo
- journal notebooks and pens,
- cloth tote bags

As always, other items will be accepted. For questions/concerns, contact Wilma Bennett (459-7705).

March 2014

Special Offerings

March 9 – Presbyterian Hunger Program

March 16 – Habitat for Humanity

Thank You, Harvey Browne

I want to take this opportunity to thank all the wonderful Harvey Browne folks who donated children’s books and toys to the Survivors of Torture Recovery Center. Your contributions are greatly appreciated. Many thanks to Pam Glaze for spearheading the collection effort. Blessings to everyone.

Jim Guinn, Project Manager

Building the HB – Habitat Connection

Twenty houses down, many more still to come. *HBPres* has been a part of building 20 homes with Habitat for Humanity, providing 20 families with affordable housing in Metro Louisville. It has provided countless *HBPres* volunteers with the opportunity to share their construction (or culinary) talents.

Most of these homes have been done in partnership with other Presbyterian churches to answer that age-old question, “How much wood would a Presbyterian paint if a Presbyterian would paint wood?” Harvey Browne’s physical and fiscal support joins with the 400 hours of sweat equity put in by the partner family.

Our congregation has always been generous with the Habitat Special Offering. We have made sure that the amount from *HBPres* has not declined over the years. This year, we hope to grow the amount. So when we pass the hard hats, please remember how you can be part of this community partnership.

In 2014, Habitat will build 25 homes in the Metro area. On March 16, Habitat will be featured in our Minute for Mission by Brian Pollock, an *HBPres* member who is a longtime volunteer with Habitat. Brian is always happy to spread the word about the Habitat mission and tell us about more volunteer opportunities that fit our talents and abilities. You may call him at 298-5250 or email him at bpmoving@yahoo.com

March Micro-Mission

HBPres members will again have the opportunity to work on an abandoned properties project. We will be cleaning up an area in the west end, designated by Metro Louisville City Government. Eliminating urban blight reduces criminal activity, particularly drug trafficking, making the area safer for families. The date is pending. The project coordinator is Al Pollock.



Harvey Browne PW to Host Mid-Kentucky Presbytery PW Spring Gathering

The Harvey Browne Presbyterian Women are hosting the Mid-Kentucky Presbytery Presbyterian Women's Spring Gathering on Saturday March 22nd. All Presbyterian women in the Presbytery are invited to attend.

The theme of the event will be *Anti-Human Trafficking Local and Global*. The guest speaker will be Marissa Castellanos of Catholic Charities who works full time in this area.

Our schedule is as follows:

9:00-9:55 a.m.: Gathering for Registration, Fellowship and Exhibits

10:00 a.m.: Devotion, Business meeting, Keynote speaker

Lunch to follow

The cost of the lunch is \$9 and can be paid to JoAnna Overstreet. We hope many of you will be able to attend to hear this very interesting speaker and enjoy the fine fellowship with women from other churches.

HBPres Men's Groups

The **Saturday Morning Men's Group** will meet on February 15 at 9:00 a.m. at the church to continue their study of *Being Christian in the 21st Century*. Join the group for breakfast goodies and good discussion.

The **Thursday Bible Fellowship** will meet on February 27. Be watching for more information about this upcoming gathering.

Contact Bill Williamson for more information about either of these groups.

News from Harvey Browne Preschool

Spring fever is definitely going around in the classrooms of the preschool. Watch out, it's contagious! Even during cold and dreary days, the children are happy and excited to learn. Valentine's Day was celebrated with parties, games, crafts, and much love. In February, a dentist also came to visit the preschool to teach the children how to properly care for their teeth, and the Blue Apple Players performed. Even amongst the snow and ice, February was fun and busy.

Our March mission project will benefit Neighborhood House, a community center in the Portland area that has multiple programs benefitting both children and adults. We will be collecting supplies to donate to their valuable cause. The preschool will also be having a Family Fun Day on Saturday, April 12, from 11:00 a.m. to 2:00 p.m. The cost is \$50 per family, and a good time is guaranteed. Everyone is invited. We thank our incredible staff and congregation for the support they provide to the preschool. It contributes to the nurturing and warm environment that we are so very proud of.

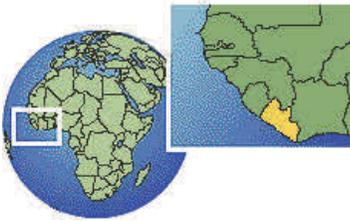
In Christ,
The Preschool Board



2014 Hunger Projects

Two projects have been selected for this year's proceeds from the hunger dinner, held on Wednesday, Feb. 19, and the jumble sale, which will be held on Wednesday, March 26 at 5:30 p.m. in Emory Hall. The first project is the West African Initiative, which we funded last year and was proposed again by the Presbyterian Hunger Program because it has been an ongoing, successful program that is now in its third phase. The second project is in the Chaco region of South America that overlaps poor regions of Paraguay, Argentina and Bolivia. Proceeds will be divided evenly between the two projects.

In the second year of Phase 3, the West Africa Initiative will continue to strengthen community-based groups, improve food security of participating communities and improve economic conditions through the following: 1) training of group leaders and members; 2) providing material and technical support for food production, processing and marketing; 3) introducing and supporting economic activities such as growing Moringa trees, whose leaves are a source of vitamins C and A, calcium, potassium and protein and honey production; 4) supporting economic activities of women through training in business and micro-credit management and providing initial capital for revolving loan programs.



The Church World Service Chaco program is a long-term tri-national initiative in South America's Gran Chaco region working to strengthen the organizational capacity of indigenous men and women to secure legal title to their ancestral territory. The Gran Chaco is the victim of desertification and the depredation of natural resources, mainly deforestation due to soy cultivation by medium and large local and foreign companies. Semi-nomadic indigenous people who lived for centuries preserving the delicate eco-system of the forest are being evicted from their traditional lands. They are forced to live on smaller and smaller plots and rely on minimal subsistence farming of seasonal crops for their survival. The project focuses on four key goals: 1) recovery of indigenous ancestral land and its sustainable use; 2) skills training of indigenous women; 3) empowerment of indigenous youth, and 4) public policy influence in favor of indigenous rights.



Mark your calendars: the Jumble Sale will be Wednesday, March 26th!

Men's Book Forum

The Harvey Browne Men's Book Forum will be Monday, March 24 at noon to review the book, *The Sociopath Next Door* by Martha Stout. The meeting will be at the Buca di Beppo restaurant on Hurstbourne Pkwy. Wives are invited. For more information please contact Gary Faltin, 326-5069, or glfaltin@yahoo.com.

Book Talk

Book Talk will meet on Tues. March 25, at 11:30, at the Bistro at the Olmsted. We will discuss *This Side of Paradise* by F. Scott Fitzgerald.

Mariners Class

For 7 weeks starting March 2nd, Mariners will be studying the book *Pilgrimage Into The Last Third of Life* by Jane Marie Thibault & Richard L. Morgan.

Please join us in Room C26 at 9:45 each Sunday morning.

March Bookanalia

Bookanalia will meet Wednesday, March 19 at 6:30 p.m. in Room 209. Ginny Copenhefer will lead a discussion of *My Beloved World* by Sonia Sotomayor. It is the memoir of the third woman and first Latina on the Supreme Court of the United States. She tells story with such grace and style that even those who are tired of our current political climate will be glad they spent time with her. It is the story of a spunky girl with a take charge personality, who remained determined in the face of more adversity than most of us can imagine. The Bookanalia selection committee guarantees that you will not be bored. If you buy your book at Carmichael's, mention Harvey Browne Bookanalia and receive a 20% discount.

HB University March 9-30

Room C27: Room C27: Tim Cargal will be leading the series: *Exploring the Passion Story in the Gospels*.

The Barrett Room: Bill Williamson is leading a series on *Reading the Psalms as a Lenten Discipline*.

Room 206: Al Earley will be repeating his Wednesday night Lenten Bible Study: *Searching for the Holy Spirit*, for all who did not attend that

Issues Class

March 2014

March 2--*Speaking Christian*, book by Marcus Borg, presented by Walt Sutton (will meet in room 216)

March 9--*Speaking Christian*, continued (will meet in room 216)

March 16--The Future of Democracy in the U.S.,
Jasmine Farrier, U of L Professor

March 23-- The Economy, led by Jim McCabe

March 30—The Economy, continued

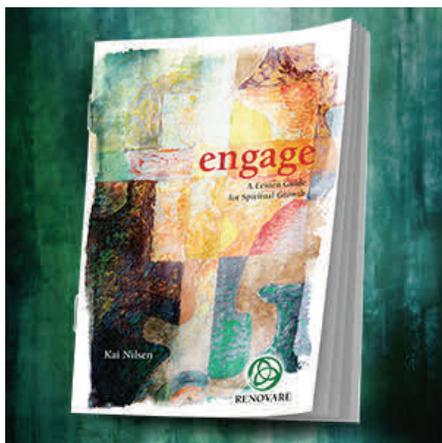
The class meets on Sundays at 9:45 a.m. in the Session Room

Just for Lent

Group Study - *Engage*

Do you teach Sunday school? Volunteer with jubilee? Attend the 10am service? Would you like the opportunity to participate in a group study?

Join us in a small group study that will meet on Thursday evenings during Lent. We will use Renovare's Lenten devotional *Engage*.



Engage:

a Lenten Guide for Spiritual Growth

The season of Lent—Give something up? Deny yourself? Go without? What if this season we tell you to engage more fully or get into something you may have neglected? This season we focus on the spiritual disciplines of engagement—submission, worship, study, service, celebration, and community. Rather than pulling back, we merge into these disciplines of the faith anticipating God is already present there to meet us. Since it's hard to focus on disciplines of engagement when you are disengaged from others, invite a friend to journey with you. Engage!

<https://www.renovare.org/giving/2014-lenten-devotional?vsmid=263>

Thursdays March 6 – April 10

7:00 pm at Heine Bros. – Blankenbaker Pkwy

RSVP to: Adrienne Earley, 724-8896, or email kyearleys@earthlink.net.

Group Study -

Searching for the Holy Spirit

Al Earley will be leading a Lenten program on Wednesday evenings and Sunday mornings. We will be using daily prayers from Unity's Daily Word and commentaries from The Dunamis Project by Rev. Zeb Bradford, Christian Doctrine by Shirley C Guthrie, and the Bible Commentary of William Barclay. The Wednesday class will be identical to the Sunday class.

Sundays starting March 9

9:45 a.m. in Room 206

Wednesdays starting March 12

6:30 p.m. in Room 208

Service Project

Supplies Over Seas is a local **Medical Surplus Recovery Organization (MSRO)**, one of just fifteen organizations of its kind across the United States, and the only organization of its type in the immediate region.

As an MSRO, SOS recovers, sorts, and ships unused, leftover, and "under-used" medical supplies and equipment to medically impoverished communities. In addition, every year SOS provides medical mission teams with the supplies they need in order to treat under-served patients around the world.

HBPres can help sort the donated medical supplies:

Saturday, March 8, 9:00 am – noon
1500 Arlington Ave, Louisville 40206

To sign up: Register online at www.suppliesoverseas.org. Please indicate you are with Harvey Browne and also e-mail Adrienne Earley at kyearleys@earthlink.net if you plan on volunteering. There is a maximum of 20 volunteers that can sign up.

Wellness Brief

Already broken those New Year's resolutions? You still have plenty of time to make good on them. There are several important steps you can take to be heart healthy:

GET MOVING: regular exercise can decrease your risk of heart disease. It strengthens your heart muscle, controls your weight, cholesterol and blood pressure.

Strength training improves heart health because muscle equals increased metabolism to improve your Body Mass Index (BMI = weight divided by height).

EAT MORE PLANTS: vegetables and fruits, whole grains, nuts and beans. These foods are high in protective nutrients such as potassium and fiber and very low in saturated fats.

RELAX: negative emotions trigger the release of hormones that threaten your heart. "Yoga with Betsy," which meets on Sundays at 5:00 p.m. and the first and third Wednesdays at 6:30 p.m., is a great stress reducer that decreases blood pressure and heart rate. Schedule a time each day to unwind.

HOT DRINKS: benefits of caffeine can make you more alert, boost your mental and physical performance and increase your mood. Hot cocoa contains flavanols, an antioxidant that decreases blood pressure and decreases stroke risk. Drinking two cups a day may also boost cognitive function in people with impaired blood flow to the brain.

And, of course, **QUIT SMOKING:** smokers are two to four times more likely to develop heart disease, in addition to lung cancer and COPD, a debilitating respiratory disease.

The Deacons Corner



- A wonderful time was had by all at the Deacon Potluck Lunch. A big thank you to all who helped!
- Reminder: the next event for the Deacons is Wednesday night dinner on March 19. We still need a few persons to help. Please call Lynn Cole, 491-5337, to volunteer.
- New Deacon training will be Sunday, March 16, in the Session Room from 12:15 - 2:15 p.m. Please bring a sack lunch, beverage and your Bible.
- Installation of Elders and Deacons will be Sunday, April 27 at all services.
- Spring meetings for all Deacons to receive your Flock list will be Thursday, May 9, 6:30 - 8:00 p.m., and Friday, May 10, 10:00 - 11:30 a.m. Both will be in Eline Hall. Please call Lynn Cole, 491-5337, and let her know which session you will be attending.

Marla Kay Kosnik

What's Going On? Check it out...

Save these dates

The Presbyterian Women's **Birthday lunch** will be Tuesday, May 13. Please mark your calendars and save the date. We are in the process of getting a speaker for this event. Watch for more information in the April newsletter.

Vacation Bible School—mark your calendars for July 7-11, 2014.
More to come soon!

Electronic Entanglements

Having trouble getting HBPres publications?

Please try adding hbinfo@bellsouth.net to your contacts list. This should keep your computer from tossing the *Highlights* or *Newsletter* into a spam folder.

If you have trouble opening the *Newsletter*, please try updating your *Acrobat Reader* by going to: <http://get.adobe.com/reader/?promoid=HRZAC>. The reader is free.

In order to assure that you are getting information from HBPres as quickly and accurately as possible, please let us know if you have updated/changed your e-mail address or wish to add one to our data base.

Jumble Sale will benefit hunger projects

The time for spring housecleaning is rapidly approaching and that means the time to get rid of all those items we have no use for or are simply tired of looking at but that are still in good condition. Our annual Jumble Sale will be **Wednesday, March 26 at 5:30 p.m. in Emory Hall**. Items may be left at the far end of Room 209 beginning March 14. Proceeds will go towards the two projects we will be supporting this year, one in West Africa and one in South America. Look elsewhere in the March Newsletter for more information on these projects.

PW Kneads Easter Breads

Snow Fooling. Easter is coming. This year on Sunday, April 20, we “knead” a variety of breads to celebrate the Hallelujah's of Easter Day.

When a Presbyterian Woman approaches you with the Easter Breads sign-up sheet, the correct response is: “Yes I can!” Help make this celebration a success. Watch for more details in the April newsletter.



Session Members

Anne Hughes
Clerk of Session
Ann Burge
Kelly Burke
Peggy Campbell
Larissa Cargal
Jack Crutcher
Dave Doehnrart
Doug Earley
Myra Earley
Tom Frenz
Allen Gilfert
Will Hilyerd
Gail Hudson
Marianne Humphries
Jeanne Luhr
Doug Mann
Lynn Overstreet
Nancy Pollock
Mike Schmied
Penny Stewart
Sara Sutphin
Missy Turner

Pastors and Staff, Phone & E-mail

John Roper, Pastor, ext: 105 johnroper@bellsouth.net
Adam Fischer, Associate Pastor for Ministry to Children & Youth,
ext. 117 adamfischer@bellsouth.net
Kimberly Cabrera, Associate Pastor for Discipleship & Ministry
Coordination, ext: 109 kcabrera@bellsouth.net
Larry Brandenburg, Minister of Music, ext: 110
ldblouisville@yahoo.com
Bill Williamson, Parish Associate, ext: 112 billwilliamson@twc.com
Beth Brandenburg, Director Children's Choir
Kathleen Yager, Children's Choir Associate
Timothy Baker, Organist/Assistant Director of Music, ext: 108
kewlpipes2@gmail.com
Barbara Bailey, Director Weekday Preschool, 895-2577
harveybrownepreschool@gmail.com
Julie Rousseau, Director Nursery and Parents' Day Out, ext: 119
jrousseau@bellsouth.net
Beverly Quick, Business Manager, ext: 104 bevquick@bellsouth.net
Cheryl Granger, Administrative Assistant, ext: 101
cherylgranger@bellsouth.net
Tim Miller, Senior Custodian, ext 106 tmillerhb@bellsouth.net
Office: (502) 896-1791 Fax: (502) 895-1824 www.hbpres.net

**Deadline for submissions to the
April Newsletter is March 20th.**